

Year 2 Homework

Spring 1 Week 6

As we have been taking part in Children's Mental Health Week we have an activity related to mindfulness for our homework.

Daily Reading

Share a book with somebody at home. It could be your school book, something online, a library book or one of your own. You can ask your grown up to read some to you too. Once finished, tell them what it was about, what you liked/disliked and if there were any new words that you learnt. Maybe you could jot them in your reading journal too. Remember to get it signed so that you can earn stickers for 20 reads at home, 50 and more! As Dr Seuss said, 'The more that you read, the more things you will know. The more that you learn, the more places you will go'. Challenge; Learn about comprehension skills on BBC Bitesize.

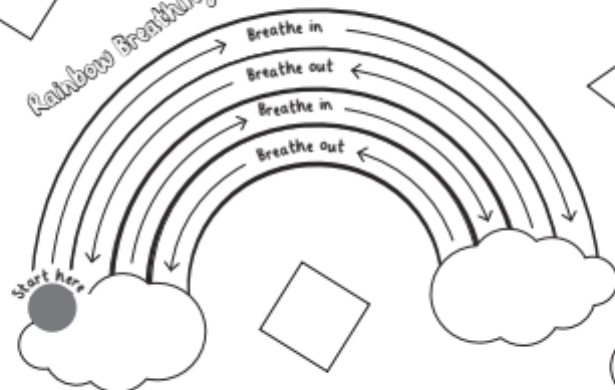
[Comprehension - KS1 English - BBC Bitesize](#)

Spellings

Choose three words from the year 1 or 2 spelling list. Choose a way to practise from the list of suggestions. Then write them in a sentence. Remember to use capital letters, finger spaces and full stops. Challenge: Can you think of any other words that have the same spelling pattern? Can you practise more than 3 words? Are there any new words that you have come across when reading? Could you practise spelling

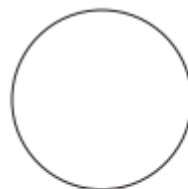
Unwind the Mind

Rainbow Breathing



Shape Art

Get creative and turn each circle, triangle and square on the page into a different design. An example has been done for you.

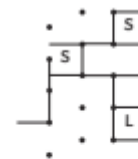


Build Me Up

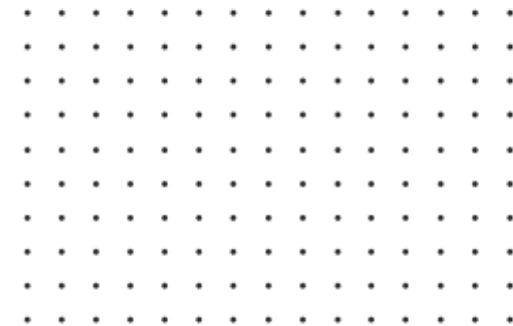
Think about the things you are proud of, your strengths or things that are going well in your life. Add each to a different brick on the brick wall.



Boxes Game

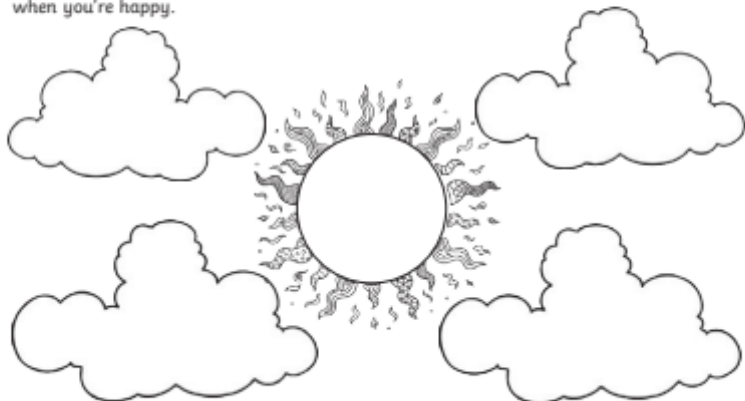


This is a fun game to play with a friend! Take it in turns at joining two dots together (vertically or horizontally) to make the side of a square (a box). When you make a box with a line, write your initials in it and take another turn. The person with the most boxes at the end of the game is the winner.



I Am Happy When...

Draw a picture of something that makes you happy in each cloud. As you draw, feel yourself floating with the clouds, happy and relaxed. In the sun, draw a picture of you when you're happy.



"Promise me you'll remember, you are **BRAVER** than you believe, **STRONGER** than you seem, **SMARTER** than you think."

-Christopher Robin

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